

Proclamation Suicide Prevention Month 2025

WHEREAS, the month of September 2025 is National Suicide Prevention Month, a time where individuals, organizations, and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, attitudes and perceptions about aging, behavioral health challenges, and suicide have a significant impact on individual wellness and the willingness to reach out for support and services that can alleviate distress; and

WHEREAS, thoughts of suicide can affect anyone regardless of age, gender, race, orientation, income level, religion, or background and it is therefore vital to reduce the stigma associated with mental health and openly discuss suicide to encourage help-seeking behaviors; and

WHEREAS, the impact of suicide extends to families, friends, communities, and workplaces, and it is imperative that we work together to support those who have been affected by suicide loss; and

WHEREAS, knowing the signs of suicide, finding the words to talk with someone that may be thinking of suicide, and reaching out to local resources can foster hope and strengthen connections; and

WHEREAS, all Californians are urged to promote dignity through connection, valuing and uplifting the voices of those with lived experience, and taking action for suicide prevention and promoting mental health and wellness as we strive towards zero suicides; and

WHEREAS, we encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors and to genuinely convey their appreciation for their existence by any gesture they deem appropriate, and

WHEREAS, September 2025 is recognized across the United States as Suicide Prevention Month, providing the opportunity to educate and engage everyone in our community to find their role in suicide prevention;

NOW, THEREFORE, BE IT PROCLAIMED, by Tehama County and all members of the Tehama County Board of Supervisors on this 9th Day of September 2025, that the month of September 2025 be declared ‘SUICIDE PREVENTION MONTH’.

ATTEST: Date_____

County Clerk and Ex-Officio Clerk of the
Board of Supervisors, County of Tehama

Matt Hansen, Chairperson
Tehama County Board of Supervisors