

# Tehama County Community Health Assessment

## CHIP 2024



# Community Health Assessment Overview

- Completed in December 2023
- Framework chosen = BARHII which is a model that looks at health inequities in a community
- Review of 90 local health indicators measuring
  - Social conditions
  - Economic conditions
  - Living Conditions
  - Risk Behaviors
  - Morbidity and Mortality measures

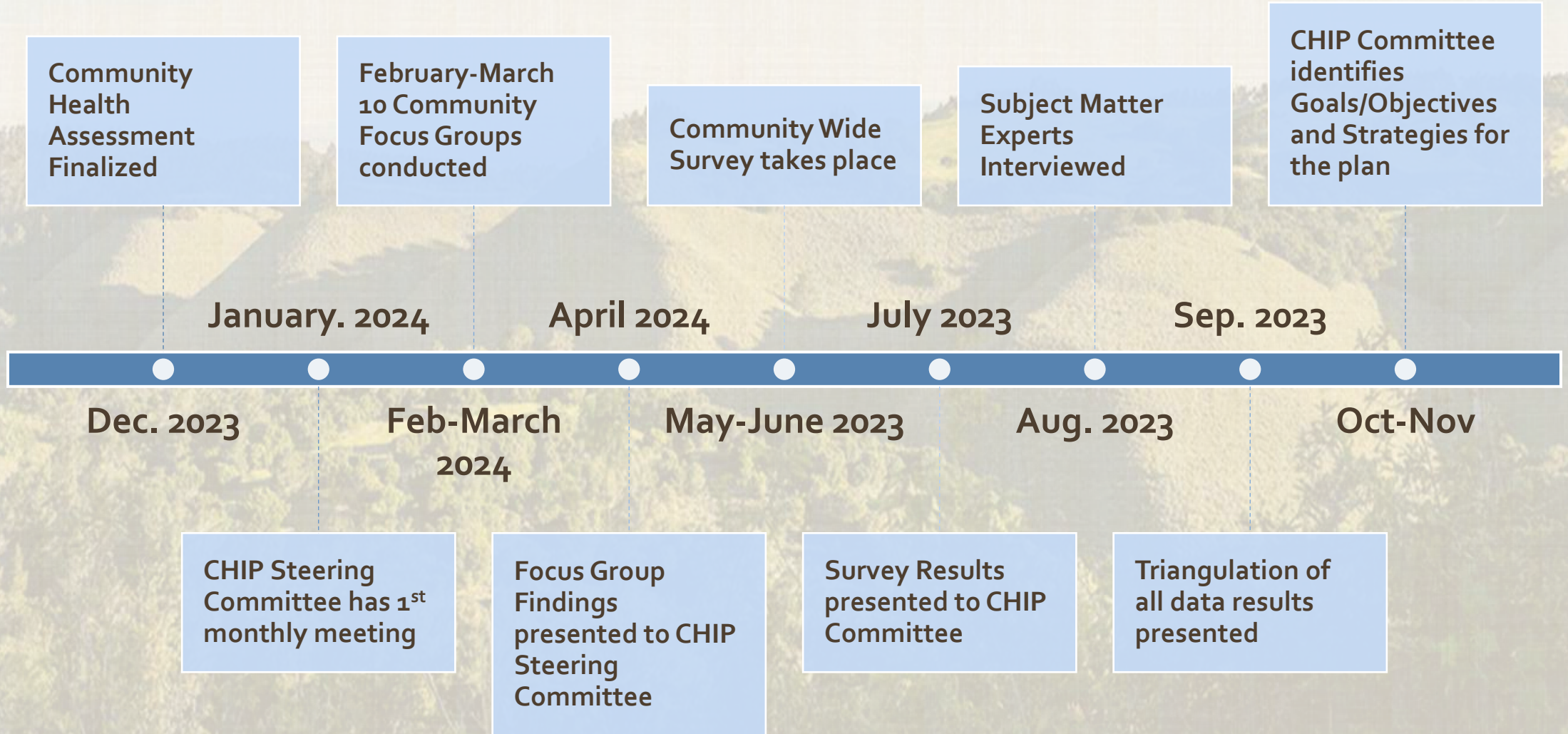
# Health Assessment Findings

- Domain: Social/economic/governance/institutional conditions
  - High rates of poverty lower per capita income
  - Lower rates of post secondary education
  - Less access to healthcare with fewer physicians/dentists/mental health providers per population
- Living Conditions
  - Limited park access
  - High risk of heat and wildfire impacts
  - High Food insecurity
- Coping and risk behavior and conditions
  - High teen birth rate
  - High rates of smoking and physical inactivity
- Health Outcomes
  - High rates of cancer, blood pressure, diabetes and obesity
  - Higher rate of disability
  - Higher rate of premature death

# Health Assessment Priority Areas of Focus

- Identified 5 priority areas impacting health
  - Economic
  - Education
  - Healthcare Access
  - Health Behaviors
  - Transportation

# Where We've Been Since the CHA



# Qualitative Data Gathering

- Mobilizing Action through Planning and Partnerships (MAPP)-NACCHO
- Focus Groups
- Community Wide Survey
- Subject Matter Expert/Key Informant Interviews

# Triangulation of Data

- Process:
  - Review qualitative Results from the MAPP
  - Review of County/City/non-profit strategic plans
  - Issue statements developed from public input/perception
- Results:
  - Key Issue statements were developed for 5 key areas (hand out)
    - Access To Healthcare
    - Mental Health Services
    - Food Access
    - Homelessness and Housing Insecurity
    - Transportation

# Access to Healthcare

- Issue: Tehama county residents experience several challenges accessing healthcare services. Some of challenges described included:
  - Out of pocket costs
  - Long waitlists
  - Hours of operation conflict with work schedules
  - Lack of culturally and linguistically sensitive providers
  - Inaccessibility of specialists
- Root Causes and Contributing Factors: Several that could be categorized
  - Workforce
  - Cultural
  - Environment/Infrastructure
  - Institutional



# Mental Health Services

- Issue: Insufficient mental health and substance use disorder prevention and treatment services within Tehama County. There are 570 residents for every one mental health provider in the county compared to 240:1 in California overall.
- Root Causes and Contributing Factors:
  - Lack of diverse treatment facilities including rehab centers, inpatient, and crisis facilities
  - Eligibility and insurance coverage
  - Genetics
  - Self Medication
  - Justice involvement leading to delays or inadequate treatment

# Food Access

- Issue: Only one in three Tehama County residents have adequate access to a supermarket, living within a half a mile (for urban areas) or a mile (for rural areas) of a grocery store.
- Root Causes and Contributing Factors:
  - Low wages (Quote from one of our interviews: “I’ve had people who are juggling between do I fix this or do I eat?”)
  - Unemployment
  - Limited transportation
  - Price and availability of food
  - Silos between food serving charitable organizations
  - Social isolation

# Homelessness and Housing Insecurity

- Issue: Tehama county residents experience homelessness, at a rate of 53.2 per 10,000 population, significantly higher than the comparable California rate of 38.2 per 10,000. There is a need for a wider range of housing choices and opportunities, including transitional housing, low income housing, and moderate income housing that can provide opportunities for upward mobility.
- Root Causes and Contributing Factors:
  - Economic factors-limited job opportunities, lower wages and lack of economic diversification
  - Housing shortages
  - Aging housing infrastructure
  - Multigenerational poverty
  - Mental Health
  - Costs associated with regulations attached to building new units

# Transportation

- Issue: Transportation issues including lack of vehicle access, inadequate infrastructure, long distances, and lengthy times to reach needed services were identified as concerns. According to the ACS, 7% of Tehama county households lack access to a vehicle and 3% of residents 16 years and older use active commuting to travel to work compared to 9% of Ca. A safer, more connected active transportation network will increase access to goods and services and should consider access to regional transit connections particularly for disadvantages and remote populations.
- Root Causes and Contributing Factors:
  - Lack of connecting infrastructure (trails, bike paths)
  - Lack of available routes
  - Lack of knowledge of existing services
  - Lack of vehicle access
  - Disability access challenges

# Current Status

- Issue statements have been reviewed by the Committee
- Voted on top 2 issues to include in this CHIP
  - Access to Care
  - Mental Health Services
- Identified draft Goals, Objectives and Strategies for those issues
- Draft plan is in development
- Committee will review draft early in the new year

# Closing Comments

- Community Health Improvement Plan = Collective Impact
- Progress is already happening:
  - Developing new local and regional partnerships with organizations who don't deliver health directly but their work impacts health (transportation, economic, education, etc.)
  - Working with UC Davis and UCCE to explore root causes of Tehama's high Cancer Rates and having conversations with local providers
  - Working with CSU and Butte Glenn Medical Society to look at having up and coming psychiatric and family medicine residents do rotations within Tehama County

# Thank You!



## Tehama County Community Health Improvement Plan

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