



WELLNESS • RECOVERY • RESILIENCE



Mental Health Services Act (MHSA)

Informational Training

Proposition 63

- Passed in 2004
- 1% state tax on personal income earnings of more than \$1 million, annually

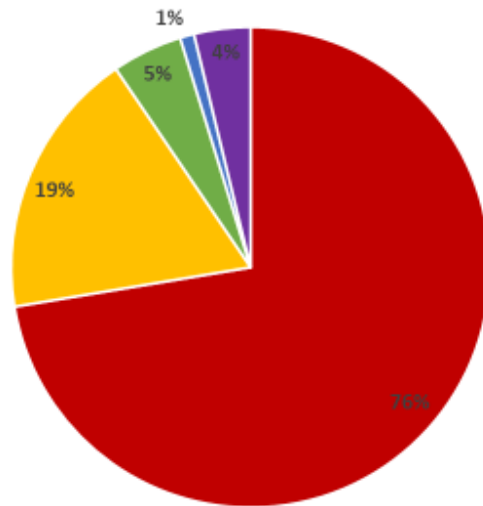
Provides

- Funding, personnel, and other resources
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



MHSA Programs

MHSA Budget Distribution



5 Components

- *Community Services and Supports (CSS)*
- *Prevention and Early Intervention (PEI)*
- *Innovation (INN)*
- *Capital Facilities and Technological Needs (CFTN)*
- *Workforce Education and Training (WET)**

***One-time funds; but can continue to transfer from CSS**

Counties may utilize up to 20% of the average annual amount of MHSA funds allocated for the previous five years on CFTN, WET, and prudent reserves combined. (WIC § 5892 (b))



MHSA Allocation

MHSA Component	Percentage Allocated	Based on \$4 million
Community Services & Supports (CSS)	76%	\$3,160,000
• Full-Service Partnership (FSP)	51%	\$1,580,000
• WET & CFTN	up to 20%	
Prevention & Early Intervention	19%	\$640,000
• Programs for youth (0-25)	51%	
Innovation (INN)	5%	\$200,000



MHSA Component and Program	Program / Location	Service Types / Modes	Evidence-Based Interventions
Community Services & Supports (CSS)			
Access		See CSS, Access	
	Behavioral Health Outpatient Clinic	Case Management, Rehabilitation, Individual Therapy, Group Therapy, Linkage to Other Services, Psychiatry and Tele-Psychiatry	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT
	STANS Wellness & Recovery Center		
	Corning Center, Los Molinos, and Rancho Tehama	Case Management, Rehabilitation, Individual Therapy, Group Therapy, and Linkage to Other Services	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT
	Level 1 Co-Occurring Services	Primary Diagnosis is Substance Use Disorder (SUD) with Mild-to-Moderate Mental Illness	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT, the Matrix Model
Full-Service Partnership (FSP)		See CSS, Full Services Partnership (FSP)	
	Children (0-15 years) Transition-Aged Youth (TAY) (16-25 years)	Case Management, Rehabilitative Service, Individual Therapy, and Group Rehabilitative Therapy	Intensive Home-Based Services (IHBS), Intensive Care Coordination (ICC), and Child & Family Team (CFT) Meetings
	Adults (26-59 years) Older Adults (60+ years)	Case Management, Rehabilitative Service, Individual Therapy, Group Rehabilitative Therapy	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT
	Assisted Outpatient Treatment (AOT)	Court-Mandated FSP-Level Care, Including Case Management, Rehabilitation, Individual Therapy, Group Rehabilitative Therapy	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT
	Co-Occurring Level Two	Co-Occurring Level Two is for Clients with Co-Occurring Disorders with Severe and Persistent Mental Illness who also Have a Substance Use Disorder (SUD) Diagnosis	WRAP, CPT, Therapeutic Drumming, TF-CBT, Seeking Safety, MRT, the Matrix Model (Behavioral Health Co-Occurring or Behavioral Health Court FSP)
Client Employment Programs		See CSS: Client Employment Programs	
		Rehabilitative training and employment as Workforce Employees, supporting services at the STANS Wellness & Recovery Center and/or participating in rehabilitative employment activities (landscaping, catering, and others). Workforce employees are often FSP clients. (Peer Advocate is an additional level of employment and they are part of the support system (PEI) provided to individuals and groups at the STANS Center.	
Transitional Housing		See Transitional Housing	
		Transitional Housing	
		Case Management, Rehabilitation, Individual Therapy, and Group Therapy	

MHSA Component and Program	Program or Location	Report Section
Prevention & Early Intervention (PEI)		
Early Intervention		
	Mobile Crisis Team	PEI: Early Intervention
	Community Engagement & Outreach	
Stigma Reduction		
	Mental Health First Aid (MHFA) Training	PEI: Stigma-Reduction
	Crisis Intervention Team (CIT) Training - Law Enforcement, First Responders, and Civilian Staff	
Suicide Prevention		
	Suicide Prevention Activities, Events, & Social Marketing	PEI: Suicide Prevention
	Applied Suicide Intervention Skills Training (ASIST)	
Parenting and Family Support		
	Nurturing Families	PEI: Parenting and Family Support
	Support for Family Members and Caregivers & First Episode Psychosis (FEP)	
Evidence-Based Interventions		
	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	PEI: Evidence-Based Interventions
	Cognitive Processing Therapy (CPT)	
	Therapeutic Drumming	
Peer Advocate Program		
	TalkLINE Staffing & Community Outreach	PEI: Peer Advocate Program
	Peer Counseling, Groups, & Social Engagements	
Workforce Education and Training (WET)		
	Supports training and education for TCHSA staff that promotes efficacy, staff expansion, and best practices	Workforce Education and Training (WET)
Capital Facilities and Technological Needs (CFTN)		
	Electronic Health Records (EHR) System; Technological Infrastructure	Capital Facilities and Technological Needs (CFTN)
Innovation (INN)		
Permanent Supportive Housing (PSH)		
	Supportive housing in which the County agrees to provide services to residents for the term of the loan, approximately 50 years.	Permanent Supportive Housing (PSH)

Discussion / Input

Your Feedback

- Programs
- Needs
- Challenges

Want more information – Please Contact

Travis Lyon

MHSA Coordinator

(530) 527-8491 (x3048) or

Travis.Lyon@tchsa.net

