



## TEHAMA COUNTY COMMISSION ON AGING

The Tehama County Commission Aging advises the Board of Supervisors on issues related to seniors, those 60+ years and older, assists in coordinating interactions between groups comprised of or representing seniors and organizations offering services to seniors, assists in evaluating needs of services for seniors and is an advocate for effective services and adequate funding levels for programs for seniors.

December 09, 2024      Red Bluff Senior & Community Center

**PRESENT:**      Elaine Benwell, Gustavo de Leon Acosta, Gail Locke, Pati Nolan,  
Danette Paskaly, Karen Shaffer and Sharon Young/TRAX

**WELCOME & INTRODUCTIONS – Pati Nolan**

**PUBLIC COMMENT – None**

**ADDITIONS TO AGENDA – None**

**PROGRAM – Christmas Social**

**MINUTE of June 10, 2024 accepted as emailed; No October meeting**

**MEMBERSHIP –**

**The Membership Roster needs to be updated.**

1. Gail Locke – District 1, resigns after more than 30 years.

Pati Nolan presented Gail with an olive tree as a thank you.

2. Rob Burroughs is District 1, Tom Walker is District 2, Pati Nolan is District 3,  
Matt Hanson is District 4 & Greg Jones is District 5

3. Danette now lives near Paskenta but works at Villa Columba

4. **Recommendations to the Board of Supervisors**

a. Dist. 1 – Danette Paskaly      Dist. 2 – Elaine Benwell      Dist. 3 – Open

Dist. 4 – Sharon Young      Dist. 5 – Open

## **ELECTION OF OFFICERS:**

**Secretary** – Gustavo de Leon Acosta elected unanimously

**Chairperson** – Pati Nolan – Sharon Young recommended, Danielle Paskaly seconded. M/S/C

## **PROGRAM IDEAS - Gustavo de Leon Acosta will schedule**

MSSP – Case Management – February

Respite Care -

Mental Health next to Red Bluff Cinema – NAMS – 530-999-2014

North American Mental Health Services – 420 So. Main

Carol Nava – Disability Action

PASSAGES Senior Resource Fair – has many possible speakers

## **REPORTS –**

### **Board of Supervisors – Pati Nolan**

- Goal to help the other Board members learn what they need to know to lead
- Recommend to BOS current Commission on Aging Members, 2 open positions
  - o 3-year terms for the current members?
  - o 2-year terms for the new members to ‘stagger’ the Board
  - o Or vice-versa?

### **Corning Senior Center – No Report**

### **PASSAGES – Gustavo de Leon Acosta**

Open enrollment for Medicare closed Dec. 7

Welcome to Medicare online thru ZOOM December 19; call PASSAGES to register

HHICAP is available thru the phone & sees Seniors in Red Bluff Office

Caregiver Resource Group – meeting regularly at the Library

One Time Only Funds – (OTO) – fill submit requests for Nutrition & Fall Prevention

June Aging Resource Kick Off at Chico Fair Grounds – March 27, Thursday

80+ agencies, 200+ participants last year

### **Villa Columba – Danette Paskaly**

Lost our Property Manager; New Hire being trained by a another company’s property

manager

Waiting list to lease up when she is trained how to Lease

Senior Gardening Program – ADA bed & 2 other garden beds with winter vegetables

Thanksgiving Meal – Church volunteers helped cook the various foods & it was very  
successful

**Corning Healthcare District – Elaine Benwell**

December newsletter – January is Slow Cooker month so will make presentations

Mental Health Agency coming to speak to Corning Senior Center; Speaker on Strokes in  
January

2 Garden events coming up in Corning in the Spring with Slow Cooker focus

**Dignity Health** – Adopt A Senior date must be happening soon; need agency referral

**PneumaCare** – Cal Aim with case management, reaching out to low income & homeless at The Lord's  
Table

**Trax – Sharon young**

Nov. 21 – LIFT event; raining & cold but had a decent turnout

Nov. 30 – Christmas Parade; Corning Light Tour last week

Dec. 12 – Victorian House Parade in Red Bluff

Para TRAX App with QR code – working very well to hear where the 'bus is right now'

Red Bluff Senior Center – 2 new community supervisors for Community Center

Commission are needed

Senior Nutrition going strong

Book Club – 11:30 or 12 noon

**Meals on Wheels** – Community Action Agency – No Report

Drivers keep an eye on Seniors & report when there seems to be a problem

Waiting List, especially in Red Bluff

**NEXT MEETING -- FEBRUARY 10, 2025 – Corning Senior Center, 2 pm**

**Meeting Adjourned at 3:35 pm**

Respectfully Submitted, Gail Locke