

# TEHAMA COUNTY HEALTH SERVICES AGENCY

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## NATIONAL BREASTFEEDING MONTH PROCLAMATION

“Forward Together”

August 1 -31, 2025

**WHEREAS**, Tehama County Health Services Agency is committed to ensuring the long-term health of our youth; one of the best ways to do this starts at birth by promoting the benefits of breastfeeding. Breast milk is the biological norm for infant feeding and a proven primary prevention strategy protecting both infants and mothers from a host of chronic and acute diseases and conditions and building a foundation for life-long health and wellness.

**WHEREAS**, the U.S. Breastfeeding Committee designates August as “National Breastfeeding;”

**WHEREAS**, all major medical authorities recommend exclusive breastfeeding for the first six months of life, with continued breastfeeding for at least one year;

**WHEREAS**, breast milk is the preferred and most appropriate source of nutrition for infants, adapting over time to meet the changing needs of the growing infant;

**WHEREAS**, breastfeeding provides a safe, reliable, and renewable food source, especially critical during natural disaster and emergency situations;

**WHEREAS**, the consistent and well-documented health, economic, and environmental benefits of breastfeeding show that this is an investment that will continue to produce measurable dividends for families, employers, and the community;

**WHEREAS**, Tehama County Health Services Agency division of Public Health Women, Infants and Children (WIC) Program celebrates August as National Breastfeeding Month by raising breastfeeding awareness and celebrating moms and individuals who recognize the benefits of breastfeeding.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Tehama County Board of Supervisors shall recognize the month of August 1<sup>st</sup>-August 31<sup>st</sup>, 2025 National Breastfeeding Month.

**PROCLAIMED this 19<sup>th</sup> day of August, 2025**

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Chairperson, Board of Supervisors, County of Tehama