

**RBHS NAMI ON CAMPUS  
PROCLAMATION 2024**

**WHEREAS**, mental health includes our emotional, psychological, and social well-being, and affects how we think, feel, act, handle stress, relate to others, and make choices; and

**WHEREAS**, mental health challenges are some of the most common health conditions that affect one in five Americans regardless of age, gender, race, ethnicity, religion or economic status; and

**WHEREAS**, mental health challenges impact both the person experiencing mental health challenges and those persons who care and love the person facing the challenges; and

**WHEREAS**, every day, millions of people, including teenagers and children, face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

**WHEREAS**, recovery can and does happen, businesses, schools, government agencies, health care providers, community organizations, and citizens share in the responsibility of working with mental health challenges and benefit from promoting mental wellness and supporting prevention efforts; and

**WHEREAS**, all citizens are called upon to commit to increasing awareness and understanding of mental health and defeating the stigma; and

**WHEREAS**, all Red Bluff High School District students should know that mental health services are available to all students and next school year, new support and help will be available on the main school campus through Peer Counseling; and

**WHEREAS**, the RBHS NAMI on Campus works to raise mental health awareness and reduce stigma through peer-led activities and education and be supportive of students who are living with mental illness; and

**WHEREAS**, the month of May has been declared National Mental Health Awareness Month and it is a time for communities to acknowledge the importance of mental health and take action to ensure that individuals with mental illnesses have access to care, treatment and prevention services they need; and

**BE IT PROCLAIMED**, by Tehama County and all members of the Tehama County Board of Supervisors declare May as Mental Health Awareness Month.